



South Normanton Area

















# REVERSE ADVENT CALENDAR



Please check on our website [southnormantonarea.foodbank.org.uk](http://southnormantonarea.foodbank.org.uk) for our locations and opening times around Christmas.

We publish a list of foods we need the most under Give help, donate food. Email: [info@southnormantonarea.foodbank.org.uk](mailto:info@southnormantonarea.foodbank.org.uk) Tel: [07999 551691](tel:07999551691)

<b>1</b>  Christmas cake	<b>2</b>  Ambient Christmas items (e.g. stuffing mixture)	<b>3</b>  Variety tins/boxes	<b>4</b>  Tinned tomatoes	<b>5</b>  Rice	<b>6</b>  Mince pies (check with food bank first)
<b>7</b>  Box of biscuits/chocolates	<b>8</b>  Nuts and confectionery	<b>9</b>  Tinned fish	<b>10</b>  Coffee	<b>11</b>  Jam	<b>12</b>  Breakfast cereal
<b>13</b>  Tea bags	<b>14</b>  Selection boxes	<b>15</b>  Long-life fruit juice	<b>16</b>  Instant mashed potatoes	<b>17</b>  Tinned vegetables	<b>18</b>  Cooking sauces
<b>19</b>  Tinned potatoes	<b>20</b>  Tinned meat	<b>21</b>  Christmas pudding (non-alcoholic)	<b>22</b>  Rice pudding	<b>23</b>  UHT long-life milk	<b>24</b>  Tinned fruit

